

Bassen Sprint 29. januar

Innslipp tidligst 12.30. Avkryssing 1 time før øvelsesstart.

Tid	Øvelse
14.00	J16: 60m hk (76cm/12m/8m/5 hekker)
14.08	J17: 60m hk (76cm/13m/8,5m/5 hekker)
14.16	KS: 60m hk (84cm/13m/8,5m/5 hekker)
14.28	G15: 60m hk (84cm/13m/8,5m/5 hekker)
14.28	G16: 60m hk (91,4cm/13m/8,5/5 hekker)
14.36	G17: 60m hk (91cm/13,72m/9,14m/5 hekker)
14.36	G18/19: 60m hk (100cm/13,72m/9,14m/5 hekker)
14.36	MS: 60m hk (106,7cm/13,72m/9,14m/5 hekker)
14.45	KS: 60m heat (antatt raskeste sist)
15.13	MS: 60m heat (antatt raskeste sist)
15.45	KS: 60m finaler (raskeste sist)
16.13	MS: 60m finaler (raskeste sist)
16.50	KS: 200m (antatt raskeste sist)
17.35	MS: 200m (antatt raskeste sist)
18.30	KS: 400m (antatt raskeste sist)
18.45	MS: 400m (antatt raskeste sist)